

# HELMET FITTING GUIDE



- This helmet fitting guide has been designed by Masuri (Masuri Group Ltd., Unit F Wykeham Industrial Estate, Moorside Road, Winnall, Winchester, SO23 7RX . Registered company number: 03311639 Vat No: 684821603), with maximum protection and comfort in mind

# PEAK SITTING LOW ON THE EYEBROWS

- The ideal position for the helmet to sit on the head is with the peak sitting just above the eyebrow
- This allows for maximum vision for the player



# VOID AT BACK OF HELMET

- Once the helmet has been fitted, test the fit by trying to slide a thumb inside the back of the helmet.
- The ideal fit will not allow the thumb to easily slide inside the helmet.



# VOID AT BACK OF HELMET

- If the thumb slides easily into the back of the helmet, then a thicker rear foam pad should be used to help fill the void
- When adjusting internal foam padding, always start by adding thicker padding to the back of the helmet
- This helps tilt the helmet forward and improves the player's vision



# CHECK OVERALL FIT/COMFORT

- Ask player to:
  - Not let their head twist and try to move the helmet from side to side
  - Shake their head
- Helmet should not move significantly, but there still should be a little bit of give
- Size of a player's head will increase in size on hot days during the summer, so take this into account when checking the fit of the helmet



# JAW COVERAGE

- Once helmet has been fitted, check that the player's jaw is covered
- Slide two fingers between base of grill and player's chin
- Sufficient coverage equals to enough room for one to two fingers
- If grill is sitting very close to base of jawline, player may require a larger grill or a hybrid helmet make-up

